



# What care costs

PLAN ACCURATELY FOR THE CARE YOU WANT

When planning for long-term care, it's important to consider the costs for the type of care you may want.



The level of care offered



The location/region of the country



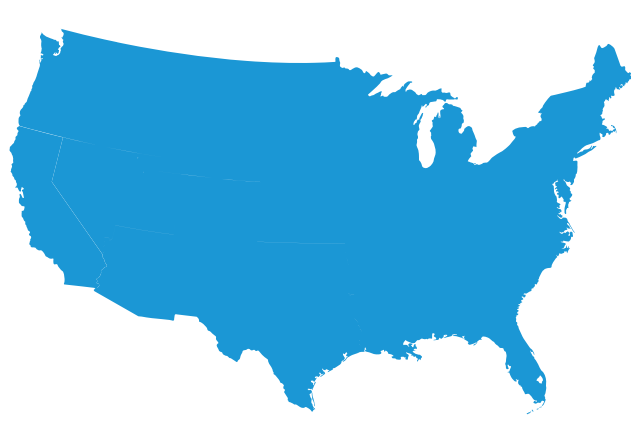
The quality of the facility

## What care costs to help you remain independent



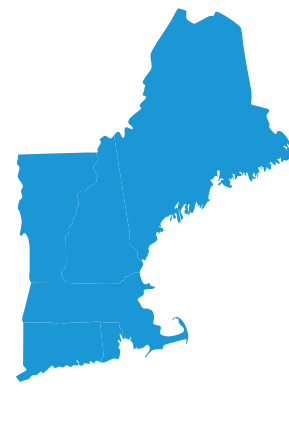
Many people want to maintain their quality of life and independence while receiving long-term care benefits. A variety of home health care services make it possible to age in place.

### Monthly care for home health aide<sup>1</sup>



\$4,160

National average



\$4,318

New England  
(CT-MA-ME-NH-RI-VT)

### Know the cost for facility care<sup>1</sup>



**Assisted living\***

(1 bedroom)

\$4,730

Monthly cost



**Skilled nursing facility\***

(Private room)

\$8,790

Monthly cost

### Costs for care can vary widely

The cost of care within your local area can differ greatly. High-quality care may cost more than the average.



Cost for private room in skilled nursing facility<sup>1\*</sup>

	Miami— Ft.Lauderdale, FL	Phoenix— Mesa, AZ	Atlanta, GA
Metro average	\$10,157	\$10,741	\$7,545
Maximum cost	\$13,500	\$21,180	\$9,897
State average	\$9,769	\$8,816	\$6,911

Based on 30 days/month.



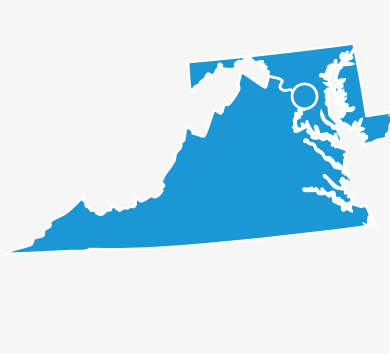
### Cost for one bedroom in assisted living<sup>1\*</sup>



NY/NJ/CT

Monthly average

\$7,142



DC/MD/VA

\$5,245



California

\$4,480

For more information, go to **WhatCareCosts.com/Lincoln** and enter code **"Lincoln"** in the top right corner.

\*Note that in California this type of facility is licensed as a residential care facility.

<sup>1</sup> LTCG, "2018 Lincoln Financial Cost of Care Survey," March 2018, <https://www.whatcarecosts.com/lincoln>. For a printed copy, call 877-ASK-LINCOLN.

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